

## The Law of Economy How to Improve the Quality and Rate of Success By Dr. Jack Tips

### Nature Loves Economy

One of the Natural Laws of Life that affects the rate at which we manifest is the Law of Economy. It is simply getting the most done with the least amount of effort. It is efficiency. The biggest bang for the buck. Simplicity. In addition to being a natural law, economy is also an art-form.

The Law of Economy is expressed constantly in Nature in the multitudes of life forms that manifest on this planet, in the way a vine grows toward the light, in the way water flows downhill following the path of least resistance. When lightning discharges from a cloud, it follows the path of least resistance to the ground. The law of economy is fundamental to survival—to staying alive—and as such, it is fundamental to the survival and manifestation of our goals and dreams.

Our efforts to manifest our dreams are often like the domino chain. We have a sequence of events that take place one after the other. First we cut the cabbage, then we make the soup. (Or here in Texas, we first catch an armadillo.) Applying the Law of Economy means we manifest our goals more assuredly if we focus or take action on the important, productive tasks rather than on inconsequential or distracting items.

The 80/20 Rule

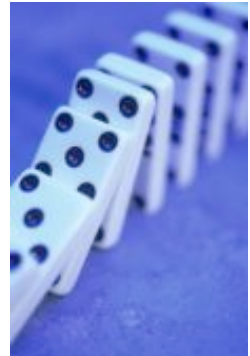
Out of the Law of Economy is born the 80/20 Rule. This is a simple perspective on how to approach a task. If you have 10 things to do today, 20% of them will be directly related to your goal, and 80% will probably be other things to do in life. If you spend 80% of your time working on the 20% goal-important tasks, you will advance rapidly toward your goal. This means that you are focused on the important things in your life and do not become distracted.

Here's an example. In 1972, I had a goal to attend a seminar in Los Angeles. So I saved my money for gas and made arrangements to go. Back then, I had little money, so I drove the 1,400 miles in an old car. Along the way, the car broke down in the New Mexico desert and cost \$220 to repair. I camped out in an uncomfortable, noisy campground in Arizona with a gregarious rattlesnake. The trip took three days but I made it. My dream came true as I sat in the audience at the seminar. I had expected a long, hot drive in an old car and that's what I got. And the ride back home proved likewise with more minor repairs and additional time spent.

In 1999, I had a goal to attend a seminar in Los Angeles at the same location. I booked an air ticket for \$169, got an upgrade. This non-stop flight took 2.75 hours during which I was served a gourmet meal that included a fresh garden salad. Pampered and relaxed, I arrived at my goal and enjoyed the seminar. Here I expected a quick, easy trip and nothing unforeseen occurred.

The difference between the two manifestations of the similar goals was the quality, ease, and quickness of travel. The second scenario exemplifies the Law of Economy. Both travel time and expenses were improved with the second trip compared to the ordeal of the prior experience.

So, when it comes to attaining your goals and improving your future, do you want the torturous road or the streamlined air route? Both will get you there. Both can be interesting. And sometimes life seemingly inadvertently adds certain rigors to our experience. The Mirror Technique's process can help show you the route you want to take, which is usually the more streamlined, accelerated way to your dreams come true. In fact, a properly designed verse and full imaging experience with the Sensualization technique does much to ease the pathway to manifestation and brings forth a higher quality experience.



Frequently in our ventures, life gives us choices. There's always a choice! "To be or not to be." As we become more aware of the Law of Economy and respect and participate in its principles, we accelerate toward the manifestation of our goals. Nature impartially rewards our cooperation.

The Law of Economy will help you decide when to lick your own envelopes, or when to pay someone else to do it. Most importantly, it helps you organize your day so you can maintain momentum toward your goals. Referring back to Discourse #2 on Momentum, each day you must "whack the hoop" of your efforts toward your goals and not become sidetracked. This is done by 1) Reciting your verse in the 7-minute Mirror Technique, 2) Sensualizing your dream already fulfilled, and 3) Taking action with 80% of your efforts applied to the most important 20% activities that will make it so.

Simply put, spend 80% of your time engaged in the 20% of your activities that bring you closer to your dreams. This "best use of time" brings the greatest rewards to your life.

## Economy, Nature's Essential Quality

The Law of Economy implies that everything we do be in harmony with Spirit and our Life Mission. When working in good will or for the good of the whole, we often experience an 'easing of the way' that includes 'accidental' course corrections. It is actually a spiritual principle to get the most out of every action. By focusing with the Mirror Technique and enlivening with the Sensualization exercise, the forces of manifestation are no longer scattered and impotent—they become aligned in one direction.

This Law of Economy applies to everything in life including governments. We find that the United States will simply print more money to pay its debts, yet if an individual citizen does this in their basement, he or she is arrested as a counterfeiter. But even the government is not above this fundamental law that requires one to pay for what one gets in the physical world. This law can only be superseded by the law of spiritual love that encompasses grace, forgiveness, beingness which are attributes of love in realms that transcend duality.

The Law of Economy is linked with the Law of Cause and Effect. One must do his or her due diligence and certainly one must pay for everything. Eventually, governments and cultures that hold to counterfeit principles will have the note come due be called to pay the debt.

Nature's example of the Law of Economy is evident in the Law of Conservation of Energy that essentially states: "Energy can not be created or destroyed, it can only be changed from one form to another." This profound law applies to the physical world of thermodynamics, mechanics, physics, and relativity, as well as the esoteric laws of quantum physics and bio-energy.

$$\frac{1}{2} \sum_i m_i v_i^2$$

People of overview, e.g. those who practice the deeper aspects of manifestation, can quickly recognize the flaws and weaknesses of any system when it fails to embrace the Law of Economy. But criticism is not beneficial, and it is more important to recognize the flaws and weaknesses in ones own character, and replace them with the true spiritual principles found when Love is held as the highest model.

Often, a greater practice of the Law of Economy is necessary to manifest greater love in one's life. Spirit rewards those who live in accordance with its loving principles.

## Economy in Motion: The Mirror Technique and Sensualization

The Mirror Technique and Sensualization exercise work together to apply the Law of Economy toward the fulfillment of your goals in that they facilitate a massive effect from the simple, seven-minutes-a-day application of focused attention. Economy arranges your actions for the greatest, most efficient return.

It is not uncommon for people who develop their innate sense of economy to accomplish three times as much in a day. It's a brilliant mind-set that hastens success.